

THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

February 7, 2022

Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 64 —Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates January 21 – February 3, 2022. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Aneth	Dilkon	Many Farms	Red Lake	Tachee/Blue Gap
Baca/Prewitt	Ganado	Mariano Lake	Red Mesa	Teecnospos
Beclabito	Hard Rock	Mexican Water	Red Valley	Teesto
Bird Springs	Houck	Nageezi	Rock Point	Thoreau
Black Mesa	Indian Wells	Nahatadziil	Rock Springs	Tohajiilee
Bread Springs	Inscription House	Nahodishgish	Rough Rock	Tohatchi
Cameron	Iyanbito	Naschitti	Round Rock	Tonalea
Casamero Lake	Kaibeto	Nazlini	Sanostee	Tsaile/Wheatfields
Chichiltah	Kayenta	Nenahnezad	Sheepsprings	Tsayatoh
Chilchinbeto	Klagetoh	Newcomb	Shiprock	Tselani/Cottonwood
Chinle	Lake Valley	Oaksprings	Shonto	Tuba City
Churchrock	Leupp	Ojo Encino	Smith Lake	Twin Lakes
Coppermien	Littlewater	Oljato	St. Michaels	Two Grey Hills
Cove	Low Mountain	Pinedale	Standing Rock	Upper Fruitland
Coyote Canyon	Lukachukai	Pinon	Steamboat	Whippoorwill
Crownpoint	Lupton	Pueblo Pintado	Sweetwater	White Horse Lake
Dennehotso	Manuelito	Ramah		

****Schools serving these communities need to implement layers of mitigation to meet the high level of COVID-19 community transmission.***

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

People at Increased Risk for Severe Illness <ul style="list-style-type: none">• Older Adults• Cancer• Chronic kidney disease• Chronic obstructive pulmonary disease• Heart conditions• Immunocompromised state• Obesity and severe obesity• Pregnancy	Might be at Increased Risk for Severe Illness <ul style="list-style-type: none">• Asthma• Cerebrovascular disease• Cystic fibrosis• Hypertension or high blood pressure• Immunocompromised state• Neurologic conditions, such as dementia• Liver disease• Overweight
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<ul style="list-style-type: none">• Sickle cell disease• Smoking• Type 2 diabetes mellitus	<ul style="list-style-type: none">• Pulmonary fibrosis• Thalassemia• Type 1 diabetes mellitus
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All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.